



MONEY TYPE QUIZ

Before you dive into the Money Type Quiz, I want you to know that the point is not to categorize you or put you in a box. You actually have some characteristics of all of these different types, personalities, or patterns, just like we all do.

There are no judgments here. In fact, the names of the Money Types are left out, so you're unable to even judge yourself!

Do your best to answer the questions as accurately as possible. Don't overanalyze, just go with the first thing that pops into your mind.

As you can see, I use dolls to represent the Money Types. This makes it fun and easy to understand. These types are not gender specific. The dolls are just used as a visual aid to represent the characteristics of the Money Types.

By using these characters, it makes it easy for you to step outside yourself and see that this is not WHO you are, it simply uncovers beliefs and behaviors, some of which hold you back and others that serve you.

Once you identify the characters you are most like, you'll be well on your way to knowing what and how you want to change.

INSTRUCTIONS:

1. On the following pages, rate yourself for each statement (1 means you strongly disagree, and 5 means you strongly agree.)
2. Tally up your scores for each Money Type and write the totals in each box. Then put the totals next to each of the initials at the end of the quiz.
3. Identify your 2 highest scores, Primary and Secondary Money Type (ex: SS 00) and bring them with you to the event.
4. Have fun!

(Your highest score is your **Primary Money Type**, & your next highest score is your **Secondary Money Type**.)

SS:

(BEHAVIORS)

	DISAGREE			AGREE	TOTAL
1. WHEN I WANT TO BUY SOMETHING, I BUY IT RIGHT AWAY.	1	2	3	4	5
2. I OVERSPEND, JUSTIFYING THAT I DESERVE IT OR NEED IT.	1	2	3	4	5
3. I OFTEN MAKE PURCHASES TO FILL AN EMOTIONAL NEED. (E.G. DEPRESSION, BOREDOM)	1	2	3	4	5
4. I LIKE INSTANT GRATIFICATION AND DON'T USUALLY CONSIDER THE CONSEQUENCES.	1	2	3	4	5
5. I BUY THINGS OUT OF CONVENIENCE/COMFORT TO SAVE TIME AND ENERGY.	1	2	3	4	5

(BELIEFS)

6. I CAN ALWAYS MAKE MORE MONEY.	1	2	3	4	5
7. I WORK HARD AND SHOULD BE ABLE TO BUY WHAT I WANT. I DESERVE IT.	1	2	3	4	5
8. PLANNING DOESN'T REALLY WORK. THINGS WILL JUST WORK OUT.	1	2	3	4	5
9. SPENDING MONEY MAKES ME FEEL ABUNDANT.	1	2	3	4	5
10. I'M AFRAID IF I DON'T BUY SOMETHING, I'LL MISS OUT.	1	2	3	4	5

CC:

(BEHAVIORS)

1. I GREATLY CONSIDER PRICE WHEN I SPEND MONEY.	1	2	3	4	5
2. I MAKE SLOW BUYING DECISIONS, OFTEN RESEARCHING OR POSTPONING PURCHASES.	1	2	3	4	5
3. I'LL SPEND TIME FINDING THE BEST DEAL.	1	2	3	4	5
4. I FEEL ANXIOUS AND WORRIED WHEN SPENDING MONEY.	1	2	3	4	5
5. I SPEND LESS THAN I MAKE.	1	2	3	4	5

(BELIEFS)

6. I DON'T HAVE ENOUGH MONEY AND I'M WORRIED I NEVER WILL.	1	2	3	4	5
7. I LIKE SAVING MY MONEY, SO I CAN SEE HOW MUCH MY BANK ACCOUNT GROWS.	1	2	3	4	5
8. I'M OK SACRIFICING SOMETHING I WANT NOW, TO HAVE MORE SECURITY IN THE FUTURE.	1	2	3	4	5
9. IT'S SCARY TO TAKE FINANCIAL RISKS AND POTENTIALLY LOSE MONEY.	1	2	3	4	5
10. I GET ANXIOUS/UPSET WHEN SPLITTING THE BILL IF I HAVE TO PAY MORE THAN MY SHARE.	1	2	3	4	5

OO:

(BEHAVIORS)

1. I CHARGE (OR GET PAID) LESS THAN I'M WORTH OR OFTEN GIVE AWAY MY TIME FOR FREE.	1	2	3	4	5
2. I LOWER MY PRICES OR ALLOW CLIENTS TO PAY ME LATE, IF I THINK THEY DON'T HAVE THE \$.	1	2	3	4	5
3. EVEN WHEN I DON'T HAVE THE MONEY, I'LL STILL PAY FOR OTHERS.	1	2	3	4	5
4. I HAVE TROUBLE SAYING "NO" WHEN PEOPLE ASK FOR HELP OR MONEY.	1	2	3	4	5
5. I GENEROUSLY VOLUNTEER MY TIME AND/OR MY MONEY.	1	2	3	4	5

(BELIEFS)

6. BEING GENEROUS IS A STRONG PART OF MY IDENTITY.	1	2	3	4	5
7. ASKING FOR MONEY (IN BUSINESS), MAKES ME VERY UNCOMFORTABLE.	1	2	3	4	5
8. THE MORE I GIVE, THE MORE I WILL RECEIVE.	1	2	3	4	5
9. IT'S NOT FAIR TO CHARGE TOO MUCH MONEY, ESPECIALLY WHEN I LOVE WHAT I DO.	1	2	3	4	5
10. I'M CONTENT LIVING WITH LESS, SO OTHERS CAN HAVE MORE.	1	2	3	4	5

DD:

(BEHAVIORS)

	DISAGREE		AGREE	TOTAL	
1. I HAVE BIG GOALS AND DREAMS.	1	2	3	4	5
2. I TYPICALLY BUY WHAT IS CONSIDERED TO THE BEST.	1	2	3	4	5
3. I TALK A LOT ABOUT WHAT I WILL ACCOMPLISH.	1	2	3	4	5
4. I TAKE A LOT OF RISK AND EXPECT BIG RETURNS.	1	2	3	4	5
5. I GET DISTRACTED AND HAVE CHANGED MY BUSINESS DIRECTION MANY TIMES.	1	2	3	4	5

(BELIEFS)

6. YOU GOTTA FAKE IT TO MAKE IT.	1	2	3	4	5
7. IT'S IMPORTANT FOR PEOPLE TO SEE ME AS SUCCESSFUL.	1	2	3	4	5
8. I'M GOING TO MAKE MILLIONS.	1	2	3	4	5
9. ANYTHING IS POSSIBLE.	1	2	3	4	5
10. SHOWING YOUR VULNERABILITY IS A SIGN OF WEAKNESS.	1	2	3	4	5

AA:

(BEHAVIORS)

1. I AVOID DOING THINGS THAT MAKES ME FEEL TOO UNCOMFORTABLE.	1	2	3	4	5
2. I AM UNCLEAR ABOUT MY MONEY AND DON'T PAY MUCH ATTENTION TO THE NUMBERS.	1	2	3	4	5
3. I LIE TO MYSELF ABOUT HOW BAD THINGS ARE AND PRETEND EVERYTHING IS JUST FINE.	1	2	3	4	5
4. CONFRONTATIONAL CONVERSATIONS RARELY HAPPEN WITH ME, BECAUSE I AVOID THEM.	1	2	3	4	5
5. IF SOMETHING IS EMOTIONALLY PAINFUL, I'LL DO ANYTHING TO ESCAPE.	1	2	3	4	5

(BELIEFS)

6. I AM A POSITIVE PERSON. ANY NEGATIVITY IN MY LIFE SHOULD BE AVOIDED.	1	2	3	4	5
7. IT'S TOO PAINFUL TO FOCUS ON THINGS THAT AREN'T WORKING, SO IT'S BEST TO IGNORE IT.	1	2	3	4	5
8. I CHOOSE TO BE INVOLVED IN THINGS I'M NOT GOOD AT OR DON'T LIKE TO DO.	1	2	3	4	5
9. I'D RATHER NOT TRY IF I THINK I'M GOING TO FAIL.	1	2	3	4	5
10. WHEN I GET STRESSED, I'M NOT MOTIVATED TO DO ANYTHING.	1	2	3	4	5

MY PRIMARY MONEY TYPE:

MY SECONDARY MONEY TYPE:

TOTALS:

SS _____
 CC _____
 OO _____
 DD _____
 AA _____